

"Edamame Pate"

in a food processor, place the following ingredients and blend. it is perfection in a nori wrap with julienned veggies or on bread with fresh arugula and roasted red pepper (just a thought) --

- 1+ 1/4 cup frozen shell-off edamame -- thawed
- 1/2 cup walnuts
- 1/3 cup fresh mint leaves (packed down)
- 1 chopped green onion (largish, otherwise use two skinny ones)
- 1/2 tsp salt or to taste
- 3 TBSP water
- 3 TBSP lemon juice

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